



You are scheduled to have surgery that involves an incision through the skin. Since all humans have germs that live on the skin, it is important to thoroughly clean your body with a special soap before the surgery to reduce the risk of infection.

- Buy a special soap called Hibiclens® (4% chlorhexidine gluconate) 8oz bottle. It is often found with first aid supplies.
- Shower daily with this soap for five days prior to your surgery. Use the entire bottle over 5 days.
- Do not shave near the area of your surgery for at least 48 hours before surgery.



Bathing Instructions:

CAUTION: It is very important that you **DO NOT USE Hibiclens® ON YOUR HEAD OR FACE AND AVOID CONTACT WITH YOUR EYES AND GENITAL AREA. DO NOT USE IF YOU ARE ALLERGIC TO CHLORHEXIDINE GLUCONATE OR ANY INACTIVE INGREDIENTS IN THIS SOAP.**

- Wash your hair as usual with your normal shampoo and wash your face with your regular cleanser.
- Rinse your body well to remove any shampoo that is on your skin.
- Turn the water off or move away from the water spray.
- Pour Hibiclens® onto a wet clean washcloth and wash gently from your neck down, avoiding the genital area.
- Rinse your body thoroughly. This is very important.
- Dry your body with a fresh, clean towel.
- Put on clean clothes.
- Do not use lotions, powders, or creams on your body after this shower.

The last shower may be done on the morning of the scheduled surgery.