

Date: _____ Height: _____ Weight: _____ BMI: _____

Allergies: _____

Last Name _____ First Name _____ Date of Birth _____ Current Age _____

Primary Care Physician _____

Referring Physician/Other Reference _____

REASONS FOR VISIT

- Work related
- Automobile accident
- Other injury

Primary reason for this visit and how long have you had this problem:

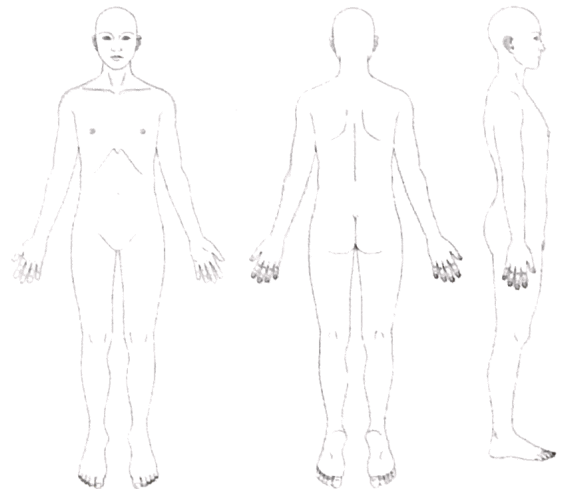
To what extent does the pain interfere with activities of daily living?

What do you expect from this visit?

PAIN CHART

Mark the areas on your body where you feel the described sensations using the appropriate symbol from the list below.

- PLEASE INCLUDE ALL AFFECTED AREAS
- NUMBNESS === PINS & NEEDLES ooo
- BURNING ACHING xxx STABBING ///



DX:

PLAN:

Patient Initials

Date

FUNCTIONAL HISTORY

Please indicate the activities that you require assistance performing:

- Driving
- Walking
- Hand writing
- Standing
- Climbing stairs
- Using the washroom
- Buttoning shirt
- Bathing
- Household chores (*laundry, dishes, vacuuming, etc.*)
- Outdoor yard work (*mowing lawns, raking gardening, etc.*)
- Dropping objects

Do you frequently drop things? Yes No

PREVIOUS TREATMENTS FOR THIS CONDITION

MEDICATIONS

- Anti-inflammatories _____ Temporary relief Lasting relief No relief
- Muscle relaxants _____ Temporary relief Lasting relief No relief
- Pain medications _____ Temporary relief Lasting relief No relief
- Other(s) _____ Temporary relief Lasting relief No relief

THERAPIES

- Chiropractic Care _____ Temporary relief Lasting relief No relief
- Physical therapy _____ Temporary relief Lasting relief No relief
- Other(s) _____ Temporary relief Lasting relief No relief

INJECTIONS (*i.e. epidural steroid injections, nerve-root blocks*)

- Date _____ Injection type _____ Temporary relief Lasting relief No relief
- Date _____ Injection type _____ Temporary relief Lasting relief No relief

Previous treating doctors _____

Specialty(s) (*i.e. surgeon*) _____

Spine Surgery _____

FAMILY HISTORY

What illnesses run in your family?

- | | | | | |
|--|--|--|---|--|
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Cancer | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Mental illness | <input type="checkbox"/> Spine disease |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Scoliosis | |
| <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Other _____ | | |

MEDICAL HISTORY

Please choose all current and past medical conditions:

- | | | | |
|---|--|--|--|
| <input type="checkbox"/> Abnormal heart rhythm | <input type="checkbox"/> Dementia | <input type="checkbox"/> Kidney failure | <input type="checkbox"/> Sleep apnea |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Liver disease | <input type="checkbox"/> Stomach ulcers |
| <input type="checkbox"/> Anorexia/bulimia | <input type="checkbox"/> Emphysema/COPD | <input type="checkbox"/> Multiple sclerosis | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Anxiety/depression | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> No medical problem | <input type="checkbox"/> Thyroid disease |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Heart attack | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Blood clot in leg/lung | <input type="checkbox"/> Heart failure | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Use CPAP |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Parkinson's disease | |
| Where _____ | <input type="checkbox"/> HIV | <input type="checkbox"/> Peripheral vascular disease | |

SURGICAL HISTORY

Please choose all spinal surgeries you have had:

- | | | |
|--------------------------------|-----------------------|---------------|
| <input type="checkbox"/> Other | Type of surgery _____ | Date(s) _____ |
| <input type="checkbox"/> Back | Type of surgery _____ | Date(s) _____ |
| | Type of surgery _____ | Date(s) _____ |

SOCIAL HISTORY

- Married Divorced Separated Single Widow/Widower

Number of children _____ At home Away Other dependents _____

I live with my children or other relatives (*explain*) _____ Yes No

DO YOU DRINK? Yes No

I drink Beer Wine "Hard" drinks

How many drinks do you have in a week? _____ on average

DO YOU SMOKE? Yes No

I smoke Cigarettes Cigar/pipe Smokeless/leaf

Frequency Per day _____ Years _____

I quit When _____

Patient Initials Date

REVIEW OF SYSTEMS

Please check off any current or recent problems you have:

GENERAL

- Appetite change
- Difficulty sleeping
- Fevers or chills
- Marked fatigue
- Night sweats
- Unexplained weight loss

SKIN

- Easy bruising
- Rash

PSYCHIATRIC

- Anxiety
- Depression
- History of physical abuse
- History of sexual abuse
- Obsessive/compulsive disorder
- Other _____

CARDIOVASCULAR

- Heart or chest pain
- Swollen ankles

NEUROLOGICAL

- Blackouts/fainting
- Headaches/migraines
- Increased clumsiness
- Loss of balance
- Tremor

MUSCULOSKELETAL

- Joint pain or swelling
- Muscle aches

DIGESTIVE

- Blood in stool
- Frequent constipation
- Frequent diarrhea
- Heartburn
- Nausea or vomiting
- Stomach pain
- Uncontrolled loss of stool

GENITOURINARY

- Burning on urination
- Difficulty starting urination
- Incontinence (stress)
- Unable to completely empty bladder

WORK HISTORY

Employment Status

- Full time Part time Self-employed Disabled Retired Unemployed

Last day of employment: _____

I work as a _____

Describe job duties: _____

- Yes No
- Yes No
- Yes No
- Yes No
- Yes No

- Do you have any pending lawsuits?
- Are you considering filing a lawsuit regarding this problem?
- Do you have any workman's compensation claims pending?
- Have you ever had any workman's compensation claims?
- Do you expect to return to work in 6 months?

Patient Initials

Date